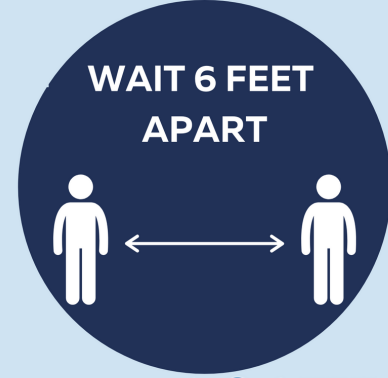




WASH YOUR  
HANDS



WEAR A MASK



WAIT 6 FEET  
APART

**SAFETY FIRST, SO YOU LAST**

 **THREE  
RIVERS**  
PUBLIC HEALTH DEPARTMENT  
Dodge, Saunders & Washington Counties

## 8 Steps to prevent the spread of COVID-19

- 01** Wash your hands frequently
- 02** Avoid touching your eyes, nose, and mouth & wear a mask
- 03** Cover your mouth when you cough using a tissue or the bend of your elbow
- 04** Avoid crowded places and close contact with anyone who has fever or cough
- 05** Stay home if you feel unwell
- 06** Seek medical care early if you have a fever, coughs, and difficulty breathing—but call first
- 07** Get information from trusted sources
- 08** If you are waiting for COVID-19 test results, stay home.



Source: World Health Organization